



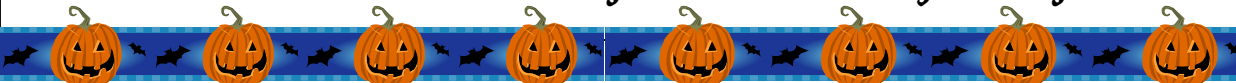
# The Martha Messenger

## Community Newsletter of the Martha T. Berry MCF

October 2009

Volume 11

*It's Time To Go Trick Or Treating At Martha T. Berry Once Again*



### We're Cruising Along At Martha T. Berry

The sun was shining and the sky was a bright, perfect blue. It was just warm enough and the humidity was low...in other words, it was one of those really perfect days that sometimes grace the summer in Michigan. What a perfect setting for the Martha T. Berry annual Car Show. Cruisers started arriving at 10 AM and the cars gleamed in the sunshine inviting everyone to come and have a look. Let the fun begin! Early in the day, residents and guests began to arrive, making their way through the parked cars and casting votes for their favorites.



Brenda Schrock, A & R staff member, brings Lauren Monet-Nietkeiwicz to the Car Show and points out various interesting cars for her consideration.



Gail Nixon and Chrissie Campbell are among the early arrivals at the annual MTB Car Show.

The Car Show was a real example of cooperation and participation, bringing MTB employees from all ranks and departments together to carry out the many required tasks. Employees agreed to change schedules, come early, stay late, or to do whatever was required to insure a



Cyndi Davis provides wheelchair power for Ruth McManemy.

successful show..... including preparing and presenting refreshments, assigning parking, providing muscle power for the residents, selling 50/50 tickets, chatting with visitors, and cleaning up afterward. Every one questioned felt that the Car Show was extremely well planned, organized, and executed. Congratulations to everyone who had a share in making the Car Show a most memorable activity.



Presenting one of the many beautiful cars on display.

Whether you cruised the Car Show in an actual car, on foot or in a wheelchair, all will agree that it was one of our most successful events.

## Car Show



Sunlight bounces off one of the beautiful exhibited cars.



Volunteers Naomi Richards and Shawna Johnson give Mary Kosulinski a grand tour of the car display area.



Larry Wyatt intently studies one of the car engines.



A participating cruiser proudly displays his beautiful and gleaming white Firebird.



Brandy James, Karen Waldeck, and Betty Wegener pose for the camera.



Volunteer Wally Stillwell and his granddaughter Naomi Richards guard the engine on display in the lobby of MTB.



Cruisers relax in the sun and exchange information about their cars.

July 2009



Harold King is one of our MTB real car enthusiasts.

## Car Category Winners

### BEST PAINT

#34 1968 Plymouth Road Runner  
Bill Smith

### BEST IN SHOW

#28 1954 Ford Victoria  
Bob & Bonnie Gamble

### BEST INTERIOR

#22 1954 Ford 2 Door Victoria  
Ralph Zondarski

### BEST ENGINE

#36 1972 Chevelle SS  
Dave Kauffman

### BEST ON A DATE

#12 1966 Dodge Coronet 500  
Bill Shobe

### RESIDENTS' CHOICE

#36 1968 Plymouth Road Runner  
Bill Smith



# Have A BOOTHFUL! BIRTHDAY

Sophie Gusoff	10/1	Elizabeth Dalton	10/3
Helen Doll	10/4	John Latella	10/6
Donald Benson	10/7	Norma Talley	10/9
Richard Parker	10/10	Harold King	10/11
Jennifer Kruger	10/14	Grete Veervald	10/16
Karen Shonk	10/16	Matthew Bush	10/16
Sophie Pietrowsky	10/18	Henry Chauvin	10/18
Barbara Stevenson	10/22	Dorothy Hill	10/22
Douglas Malear	10/27	David Batchelder	10/28
Judith Jakubiak	10/29		

A Happy Day To One And All

## OCTOBER ACTIVITIES

10/1	Food Committee	2:00 PM
10/3	King of Kings Bingo	10:30 AM
10/4	Knights of Columbus Rosary	2:00 PM
10/6	Resident Council Meeting	2:30 PM
10/7	Birthday Bingo	2:30 PM
10/8	Good Neighbor Bingo	7:00 PM
10/10	King of Kings Music Group	10:30 AM
10/13	Oktoberfest with Jack Dalton	2:30 PM
10/13	Tony the Accordion Player With Banjo Dan	7:00 PM
10/17	Lioness Bingo!	10:30 AM
10/20	Dollar Store	2:00 PM
10/21	Aunt Theresa Bingo	10:30 AM
10/22	Pet-A-Pet Visits	7:00 PM
10/24	King of King Crafts	10:30 AM

10/27	Red Hat Tea	2:30 PM
10/28	St. Peter's Church Bingo	10:30 AM
10/28	Cootie Bingo	7:00 PM
10/31	Halloween Jingo With Warren Baptist Church	2:30 PM



**LESSONS ABOUT STROKE FROM THE EXPERTS AMONG US**

**Signs of a Stroke**

**Sudden numbness of the face arm or leg, especially on one side of the body.**

**Sudden confusion, difficulty speaking or understanding.**

**Trouble seeing in one or both eyes.**

**Sudden difficulty walking, dizziness, loss of balance or coordination**

**Sudden severe headache with no known cause.**

**Provided by the American Stroke Association**

**Bob Herbst** was born in Detroit and has lived in the area his entire life. He earned a BS at



**Stella Kopytek** lived in Hamtramck most of her life. She attended and graduated from Hamtramck High School and went to work for GM at the Gear and Axle plant. Married to her husband Anthony for over forty years, she had two children and was a “stay at home mom” caring for home and family. After the children were grown, Stella went back to work at Fisher Dynamics and continued there until she retired. An active and congenial person, Stella always found ways to keep busy and to stay in touch with family and friends. Stella had a stroke at 73 years of age. She experienced a numb feeling in an arm and leg



on the same side of her body. As a diabetic, Stella was aware of the warning signs of a stroke and immediately realized that she was having a stroke. She called her son and he rushed her to St. John Hospital on Moross where the diagnosis was quickly made. She says "I felt bad and cried but at the same time, I was glad that it wasn't worse." Stella spent four days in the hospital and was discharged to her home where she received care from a visiting nurse and therapist. After a year of home care, Stella felt she needed more help.

Stella went to a nearby nursing home and then transferred to Martha T. Berry. She says that she is happy here and that the care givers are nice and “they don’t treat me like a baby but as an individual.” She appreciates being able to have therapy. Stella tries to keep a positive attitude and finds support and comfort in prayer and in the help of family members and friends.



**Patricia Ray**

**Patricia Ray** was paying her daughter a Sunday visit when she suddenly fainted. She had a Doppler test of the carotid arteries the previous Tuesday and did not yet have the diagnosis of severe blockages so did not suspect anything serious. Her daughter drove her to the hospital and the diagnosis was quickly completed. Pat was informed that she had suffered a stroke. Pat, a friendly and outgoing person, was devastated and wondered what would have happened if the results of the Doppler were available sooner. She was completely paralyzed on the left side and spent three weeks in intensive care. Pat was transferred to a local nursing home that did not offer any kind of therapy so she sought out MTB and transferred here. Four years have gone by and Pat has made some physical progress. She enjoys watching TV and loves to talk on the phone and to visit. Her words of advice

are to “Try to be cool and stay cool and above all else, stay strong.” She is quick to smile and happy to share her daily experiences with visitors.

**Arnold Brown** loved to go out for breakfast. An “eggs and bacon” guy, he smoked a half pack of cigarettes a day. He had a mini stroke after a gall bladder surgery and was taking cholesterol medication but otherwise appeared to be in acceptable health. He took blood pressure medication and a baby aspirin daily and was able to work. Then, one day, he found himself experiencing some frightening symptoms. His left hand was numb, he was slurring words and was disoriented. He called Ceil on his cell phone to tell her what was happening. She got him to the hospital where he was given a CAT scan, an MRI and the diagnosis that so changed his life. Arnie made progress after this stroke but suffered another one within the year. He spent a week in the ICU and began therapy during his second week in the hospital. His left side was left paralyzed and he was left with slight dementia. Gone were the plans of a lifetime. Arnie now lives at MTB where his wife, Ceil, is a daily visitor. She says that, “even though life may change, love does not,” and that she is here for him.



**Arnold Brown and his wife Ceil enjoying the Car Show.**

Ceil says that she “keeps coming here to keep him going.” Arnie is stronger and can carry on a conversation now. He loves visitors.



**Chris Cronin and her sister Paula**

**Christine Cronin** was, at 49, the perfect mom and housekeeper. She was very active and appeared to be in good health. One day, while visiting a friend, she began to slur words and to give inappropriate answers to questions. Her friend was aware of the stroke warning signs and contacted family who got her to the hospital. A CAT scan confirmed the stroke diagnosis. Christine’s stroke was caused by a hereditary condition that required surgery to relieve the pressure on her brain. Chris was left with impaired motor skills on her left side as well as some memory problems. However, she has the strong support of her loving family. Family members say that supporting and caring for Christine has brought them all closer together. In addition, family members underwent testing and one sister, having the same predisposing condition, underwent surgery to prevent a possible stroke.

With a wide age range and with different underlying causes, each of these stories demonstrates the importance of prompt medical attention. We also learn that the support of family continues on where medicine stops and brings joy and comfort to a life that is forever changed by stroke.





## Residents' Corner



by Laurie Richards

The Resident Council meeting was held on Tuesday, September 1st at 2:30PM. The Council decided on having an out trip to MGM Casino with two shopping trips to be scheduled for November to accommodate everyone's shopping needs. The group also requested that a number of activities be offered more often since they are enjoyed by many people. They are: Name That Tune musical activities, LCR, Urban Legends, and Bingo. Other topics addressed include dietary improvements, wheelchair washing, and noise levels. At the end of the meeting, the Council was reminded of our popular Treats in the Halls event scheduled for October 24th.

## Employees of the Month for October



Ron Goss makes great BBQ.

Every month, the residents attending the Resident Council meeting select two employees that they feel should be recognized for their outstanding service. This month our selected employees are Ron Goss and Carla Johnson. This is what the residents say about them:

Ron is very helpful. He is a Jack of All Trades! He can do anything. He is always friendly, even when he gets the unpleasant jobs to do. He makes great Barbeque Burgers. He always helps the gardeners in the courtyard. He takes care of the flowers in front of the building too.



Carla Johnson is always there to help.

Carla Johnson is happy to go out of her way to help you. She is always helpful and willing to lend a hand. She does really great work. She always leaves my room neat and clean. You don't have to keep asking her to do something for you. Ask once and she will do what you ask her to do. She is really great. I am always happy when she is assigned to me.

Congratulations, Ron and Carla. Thank you for not only doing what is required but also for going the extra mile and doing what ever you can to make life more pleasant and satisfying for our residents.



### Cyndi Says.....



How are you at multi-tasking? How would you like to save time by doing three things at once? Here's your opportunity! On Wednesday, October 7. Martha T. Berry MCF is holding an Octoberfest Craft and Vendor Show. You can get an early start on your holiday shopping, save time and money, find bargains, and have fun all at the same time. Come to the lobby between 9:00AM and 4:00PM to find soaps, scents, supplies, and stuff of all kinds. To mention a few items, there will be candles, bath and beauty supplies, decorative items, jewelry, pillows, cosmetics, Tupperware, ornaments, and last but not least, treats and goodies. You will be supporting Michigan crafters and artisans and contributing to the Employees' Special Events Fund at the same time. Talk about multitasking!!!!

Thanks to all who, each in their own special way, contributed to the success of the Car Show. We all had a great time and demonstrated a spirit of cooperation while doing so. Employees, please be sure to pick up a copy of the Davis Dispatch and get in the campaign mood for the coming Employee Council elections. Thank you for your hard work and for all your support. You are appreciated.



### Farmers' Market at Martha T. Berry

Some of the world's finest produce is available at Martha T. Berry all day until 4:00PM on Friday. Stop at the Bittersweet Farms produce stand and get fresh, hand picked beans, tomatoes, squash, watermelon, and what ever else you love to eat. You will be happy you did.



# *In Loving Memory*

*Ilene Berger*

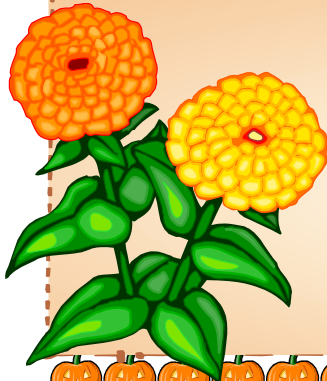
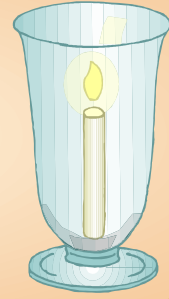
*Carleton Fuhrman*

*Shirley Hader*

*Robert Lindsay*

*Robert Spieles*

*Sincere Sympathy Is Extended To Family And Friends*



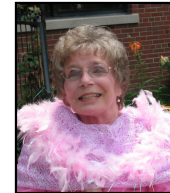
## **October Poem**

by Lenore Plowchan

**October 12th** is **Columbus Day**. Columbus sailed the blue.  
He discovered this great land in 1492.

**October 24th** is **Treats in the Hall**. Bring your children  
One and all to celebrate Treats In The Hall.

**October 31st** is **Halloween**. A holiday for children.  
Dress them up, give them treats and help them have some fun.



### *The Martha Messenger Is Brought To You Through The Kindness And Generosity of.....*

*Denise Wilson   Jan Weiss   The Activities Staff   Tom Murphy  
Kathy Lesniak   Ruth & Sergio Barrientez   Sally Wheeler   Sue Chadda  
Chris Cronin's Family   Shendel Family   Victoria Kapp   Diane Gracher  
Gregory & Judith Zdankiewicz   Douglas & Deborah DeMeester   Ketty Cueter  
Marty Mok in memory of Al Mok and Emily Krueger   Sharon Tomkowiak  
In memory of Shaun   Susan Kozemko   Anonymous   Litho Printing  
Saint Athanasius Church   Thelma Beaujean   Thank You For Your Support!!!*

### **TREATS IN THE HALLS ARE AROUND THE CORNER**

Halloween is coming up fast! We invite your children to attend our annual Treats in the Hall event where the residents pass out candy to the kids! We are looking for donations of candy or money for candy for this fun event. If you would like to donate, please bring your donations to the A&R Office. This years' event will be at 2:00PM on October 24th. Thank You for your support!



# WELCOME NEW RESIDENTS

**Sevilla Benson**                      **Charles Carpenter**

**Ida Montgomery**                      **Julia Wallace**

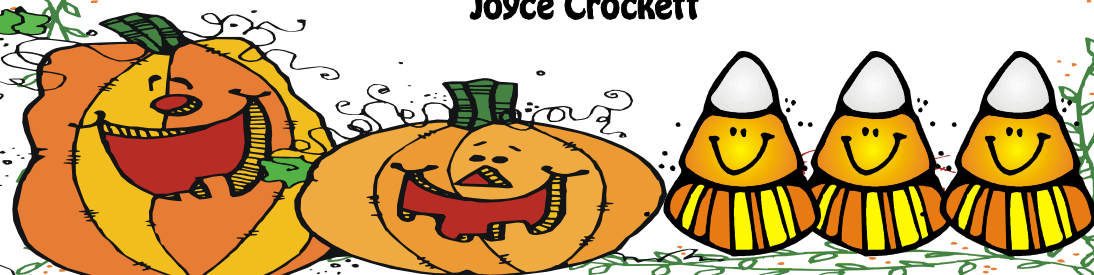
**Joyce Crockett**

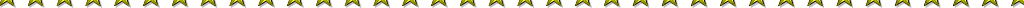







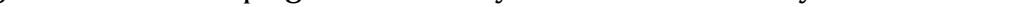
A festive autumn-themed illustration at the bottom of the page. On the left, two pumpkins are carved into jack-o'-lanterns with smiling faces. To their right are three corn cobs, each with a smiling face and wearing a small white party hat. The entire scene is framed by a decorative green vine with small orange leaves.

## Charles Carpenter

## Julia Wallace

## Joyce Crockett



  
 Willing Workers and Helping Hands Have you noticed how lovely the front flower beds  
 look? Special thanks go out to Barb Bamarritto, Sharon Grech, Ron Goss, Machele  
 Gaston, and Mary Ann Smart who have used lunch break time to go out and weed the  
 areas. A special thanks to Carlo Secci, son of resident Perina Secci, who will help the  
 Car Club members take apart and re-assemble a car engine. Thank you so much for  
 stepping up to volunteer your time and apply your elbow grease.  
  


# Scenes From the **DOLL SHOW**



MaryEllen Malkowski displays her dolls.



Joanne Cangelosi and her doll.



Fred Stafford comforts Snoopy.



Mary Kelly's doll is quite lifelike.



Rosemarie Bochniak with her dolls.



Just one of many beautiful dolls.



MaryEllen Malkowski displays her dolls.



Joanne Cangelosi and her doll.



Fred Stafford comforts Snoopy.



Mary Kelly's doll is quite lifelike.



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